

Main Street COFFEE HOUSE Café

Breakfast

BREAKFAST PANINI

Egg, peppers, spinach, prov., protein

CROSSFIT BREAKFAST SANDWICH

Egg, protein, peppers, avocado, spinach, prov., & served w/ fruit

BUILD YOUR OWN SANDWICH

Croissant, bagel, biscuit, egg, cheese, choice of protein

BUTCH

Flatbread, egg, bacon, mozz, spinach, spicy jalapeno ranch served w/ fruit

BURRITO

Egg, cheese, protein

PROTEIN BOWL

Egg, cheese, protein with salsa

FIESTA BOWL

Egg, protein, peppers, beans, spinach, cheese with salsa

POWER BREAKFAST

2 pieces of toast w/ egg, avocado, everything seasoning w/ fruit

1 SLICE AVOCADO TOAST

BAGEL + CREAM CHEESE

Plain, Asiago, Everything, Cinnamon Crunch, Blueberry

PIG IN A BLANKET

OATMEAL

Select flavors available

PARFAIT

MUFFIN

Blueberry, Hawaiian, Banana Nut, Glorious Morning

BANZAI BOWL

PROTEINS - Bacon, Ham, Turkey or Sausage

Specialty Drinks

LATTE

Steamed milk with espresso
add flavor

CARAMEL MACCHIATO

Caramel, vanilla, milk with shots on top

MOCHA, WHITE MOCHA

AMERICANO

Water with espresso shots

BREWED COFFEE

CHAI LATTE

HOT CHOCOLATE

HOT TEA

TIKI DRINKS

Energy drink, clean energy
w/botanicals, powered by nature

*Milk alternatives, extra flavors
and extra shots of espresso
available for an extra charge

Blended Drinks

FRAPPE

Caramel, white mocha, mocha,
coffee, vanilla, vanilla bean

SPECIALTY FRAPPE

Oreo or Reese's

KETO

SF Carm, SF Chocolate with heavy
cream, coffee, cream cheese

SMOOTHIES

Strawberry, superfruit, mango

Other Drinks

ICED TEA

ORANGE JUICE

CAN OF SODA

WATER (SM OR LG)

Hot Flatbreads

JUSTIN'S TURKEY CLUB

turkey, lettuce, bacon, tomato, cheese, avo spread

SOUTHWEST CHICKEN

chicken, spinach, mozzarella, sweet peppers, jalapeno or southwest dressing

CHICKEN-BACON-RANCH

chicken, bacon, spinach, mozzarella cheese, ranch or jalapeno ranch

Wraps

SOUTHWEST

greens, chicken, tomato, peppers, black beans, corn, tortilla strips, mixed cheese, southwest dressing

TURKEY AVOCADO

greens, cheese, tomato, avocado spread, turkey

CHICKEN-BACON-RANCH

greens, chicken, bacon, tomato, cheese, ranch or jalapeno ranch

ASIAN WRAP

greens, chicken, almonds, wontons, mandarin dressing

VEGGIE

greens, avocado, tomato, peppers, black beans, corn, choice dressing

CHICKEN CAESAR

greens, chicken, croutons, parmesan, caesar dressing

Pressed Paninis

TURKEY PESTO

turkey, provolone, spinach, and pesto (can also sub for chicken)

TRI-CHEESE

provolone, swiss, american

BLACK FOREST HAM

ham, swiss cheese, spinach, mayo

ASIAGO TURKEY

turkey, peppers, spinach, provolone, southwest dressing

Sandwiches

Served on a gluten free or multi-grain bread

BLT

bacon, lettuce, tomato, mayo

TURKEY OR CHICKEN CLUB

chicken or turkey, bacon, avocado spread, tomato, lettuce and cheese served on croissant

CHICKEN SALAD

baked chicken, grapes, celery, apples served on croissant or multi-grain bread

Salads

BETH'S SALAD

chicken salad, strawberries, blueberries, almonds, with balsamic vinaigrette

CHICKEN BERRY

berries, chicken, mozzarella, berry vinaigrette

SOUTHWEST

chicken, avo, tomato, peppers, black beans, corn, mixed cheese, strips, southwest dressing

ASIAN

chicken, almonds, wonton, mandarin dressing

SPINACH

spinach, chicken, grapes, strawberries, almonds, feta, berry vinaigrette

COBB

turkey, bacon, tomato, avocado, egg, cheese, croutons, choice dressing

CAESAR

chicken, parmesan, croutons, caesar dressing

WALDORF

spinach, chicken, almonds, apple, feta, balsamic dressing

POWER

chicken, bacon, egg, avocado, almonds, berries, choice of dressing

ULTIMATE

chicken, turkey, ham, bacon, tomato, cheese, courtons, choice dressing

Kids Menu

PB&J

GRILLED CHEESE

American

HAM & CHEESE

TURKEY & CHEESE

COOKIE OR CAKE BALL

CAPRI SUN

CHIPS OR FRUIT